FOR NURSERY OR SCHOOL

Observation note

For noticing patterns over a week or two, to share with a parent or your SENCO. Describe, don't diagnose.



Child's first name	
Dates noticed	
What I noticed what the child did or said, in plain words	
What their body showed face, hands, posture, voice, energy	
When and where time of day, lesson, playtime, transitions	
What seemed to come before it	
Which feeling card they chose, if any	
What seemed to help, even a little	
What didn't seem to help	
Something they're doing well	
Next step, or who I've shared this with	

When sharing it: start with something the child is doing well · share what you saw, not why you think it happened · ask what the family notices at home · keep it private and follow your setting's own policies on records and safeguarding.